

Course Announcement

Combination Assisting Individual in Crisis and Group Crisis Intervention Course

Crisis Intervention is not psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. Crisis intervention is sometimes called “emotional first aid”. Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of business and industry crisis intervention, disaster response, education, emergency services, employee assistance, healthcare, homeland security, mental health, military, spiritual care, and traumatic stress.

Program Highlights

Psychological crisis and psychological crisis intervention; resistance, resiliency, recovery continuum; critical incident stress management evidence-based practice; basic crisis communication techniques; common psychological and behavioral crisis reactions; empirically-derived mechanisms; SAFER-Revised model; relevant research findings; large group crisis interventions; small group crisis interventions; adverse outcomes; and CISD .

Course Information

Dates: April 26, 27, 28, 2017
Times: 8:00 am – 5:00 pm
Location: Boulder Community Health
Broadway Campus
1155 Alpine Street
Boulder, Colorado

Registration: \$250 and includes course manual
<https://www.bch.org/Community-Events/Event-Details.aspx?Event=108>



Boulder Community Health